



RRC Recovery Support
 Services Programming
Recovery Resource Center
 27700 Gratiot, Roseville

February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10am Recovery Dharma 11am Trauma Informed Yoga 5:00pm AA 5'Oclock somewhere 7:00pm N.A. Eastside Story
2 LGBT NA 5:00pm Art Recovery 6:30	3 NO CLASSES	4 6-8 pm Pulled Pork Fundraiser Dinner	5 6:00 Moving Forward 6:00 Eating Disorders Anonymous 7:00 Recovery Dharma	6 Noon Recovery Dharma 6:00 Spiritual Recovery 7:00 Nar-Anon 7:00 Workin' The Reps	7	8 10am Recovery Dharma 11am Trauma Informed Yoga 11:30-2 Dharma Inquiry 5:00pm AA 5'Oclock somewhere 7:00pm N.A. Eastside Story
9 LGBT NA 5:00pm Art Recovery 6:30	10 NO CLASSES	11 6:00 YOGA 6:00 Pink Cloud 7 p.m. MCYPAA Women's Big Book Study	12 6:00 Moving Forward 6:00 Eating Disorders Anonymous 7:00 Recovery Dharma	13 Noon Recovery Dharma 6:00 Spiritual Recovery 7:00 Nar-Anon 7:00 Workin' The Reps	14	15 10am Recovery Dharma 11am Trauma Informed Yoga 5:00pm AA 5'Oclock somewhere 7:00pm N.A. Eastside Story
16 LGBT NA 5:00pm Art Recovery 6:30	17 NO CLASSES	18 6:00 YOGA 6:00 Pink Cloud 7 p.m. MCYPAA Women's Big Book Study	19 6:00 Moving Forward 6:00 Eating Disorders Anonymous 7:00 Recovery Dharma	20 PRC Class 8-5 Noon Recovery Dharma 6:00 Spiritual Recovery 7:00 Nar-Anon 7:00 Workin' The Reps	21 PRC Class 8-5	22 PRC Class 8-5 10am Recovery Dharma 11am Trauma Informed Yoga 5:00pm AA 5'Oclock somewhere 7:00pm N.A. Eastside Story
23 PRC Class 8-5 LGBT NA 5:00pm Art Recovery 6:30	24 NO CLASSES	25 6:00 YOGA 6:00 Pink Cloud 7 p.m. MCYPAA Women's Big Book Study	26 6:00 Moving Forward 6:00 Eating Disorders Anonymous 7:00 Recovery Dharma	27 Noon Recovery Dharma 6:00 Spiritual Recovery 7:00 Nar-Anon 7:00 Workin' The Reps	28	29 10am Recovery Dharma 11am Trauma Informed Yoga 1-3pm Mind, Body, & Soul 5:00pm AA 5'Oclock somewhere 7:00pm N.A. Eastside Story

*Fitness Center *Coming Soon- Holiday Marathon Meetings

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