



# August 2021

Recovery Resource Center  
 Programming Schedule  
 27700 Gratiot Avenue  
 Roseville, MI 48066  
 (586) 217-5899

Sun	Mon	Tue	Wed	Thu	Fri	Sat																																																																																				
1 5pm Lives Lived Right 6:30pm Art Recovery 7:30 Recovery Dharma	2 AOT Support Programs 9am-1pm 1-3 Yoga Therapy Clinic	3 11am NA Meeting 6pm Men's Trauma Informed Yoga 7pm Music Didactics	4 10am Virtual Family Coaching AOT Support Programs 9am-1pm	5 3:30pm Live Podcast 6pm Yoga Fit Class 7pm Spiritual Recovery	6 10-5pm Free Phones AOT Support Programs 9am-1pm 1-3 Grounding Clinic 5pm Grief and Loss 6pm Women's Trauma Informed Yoga	7 3pm MARA Meeting 5pm AA Meeting 7pm NA Meeting																																																																																				
8 5pm Lives Lived Right 6:30pm Art Recovery 7:30 Recovery Dharma	9 AOT Support Programs 9am-1pm 1-3 Yoga Therapy Clinic	10 11am NA Meeting 6pm Men's Trauma Informed Yoga 7pm Music Didactics	11 11am-2pm Children's Day Camp	12 AOT Support Programs 9am-1pm 3:30pm Live Podcast 6pm Yoga Fit Class 7pm Spiritual Recovery	13 AOT Support Programs 9am-1pm 1-3 Grounding Clinic 5pm Grief and Loss 6pm Women's Yoga 6pm Families in Recovery 10-2 Free Naloxon	14 9am-2pm Yard Sale 3pm MARA Meeting 5pm AA Meeting 7pm NA Meeting																																																																																				
15 5pm Lives Lived Right 6:30pm Art Recovery 7:30 Recovery Dharma	16 AOT Support Programs 9am-1pm 1-3 Yoga Therapy Clinic	17 11am NA Meeting 6pm Men's Trauma Informed Yoga 7pm Music Didactics	18 AOT Support Programs 9am-1pm 1-2:30 Integrating Wellness and Medicine with Accudetox	19 3:30pm Live Podcast 6pm Yoga Fit Class 7pm Spiritual Recovery	20 10-5pm Free Phones AOT Support Programs 9am-1pm 1-3 Grounding Clinic 5pm Grief and Loss 6pm Women's Trauma Informed Yoga	21 10am BINGO 3pm MARA Meeting 5pm AA Meeting 7pm NA Meeting																																																																																				
22 5pm Lives Lived Right 6:30pm Art Recovery 7:30 Recovery Dharma	23 AOT Support Programs 9am-1pm 1-3 Yoga Therapy Clinic	24 11am NA Meeting 6pm Men's Trauma Informed Yoga 7pm Music Didactics	25 AOT Support Programs 9am-1pm 1-2 Integrating Wellness and Medicine	26 3:30pm Live Podcast 7pm Spiritual Recovery	27 10am-2pm Job Fair AOT Support Programs 9am-1pm 1-3 Grounding Clinic 5pm Grief and Loss 6pm Women's Yoga 6pm Families in Recovery	28 10am-1pm Yogathon 3pm MARA Meeting 5pm AA Meeting 7pm NA Meeting																																																																																				
29 5pm Lives Lived Right 6:30pm Art Recovery 7:30 Recovery Dharma	30 AOT Support Programs 9am-1pm 1-3 Yoga Therapy Clinic 2-5 pm Free Haircut Day	31 11am NA Meeting 6pm Men's Trauma Informed Yoga 7pm Music Didactics			July <table border="1"> <thead> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td> </tr> <tr> <td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td> </tr> <tr> <td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td> </tr> <tr> <td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td> </tr> <tr> <td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td> </tr> </tbody> </table>	S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	September <table border="1"> <thead> <tr> <th>S</th><th>M</th><th>T</th><th>W</th><th>T</th><th>F</th><th>S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td> </tr> <tr> <td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td> </tr> <tr> <td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td> </tr> <tr> <td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td> </tr> <tr> <td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td> </tr> </tbody> </table>	S	M	T	W	T	F	S				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		
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