



# July 2021

Recovery Resource Center  
 Programming Schedule  
 27700 Gratiot Avenue  
 Roseville, MI 48066  
 (586) 217-5899

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 3:30pm Live Podcast 6pm Yoga Fit Class 7pm Spiritual Recovery	2 AOT Partial Day Programs 9am-1pm 6pm Women's Trauma Informed Yoga 1-3 Grounding Clinic	3 3pm MARA Meeting 5pm AA Meeting 7pm NA Meeting
4 5pm Lives Lived Right 6:30pm Art Recovery 7:30 Recovery Dharma	5 Offices Closed 	6 6-8 PM Taco Dinner 11am NA Meeting	7 AOT Partial Day Programs 9am-1pm 10am Virtual Family Coaching 1-2 Integrating Wellness and Medicine 6pm Pink Cloud Group	8 3:30pm Live Podcast 6pm Yoga Fit Class 7pm Spiritual Recovery	9 AOT 9am-1pm 5pm Grief and Loss 6pm Women's Trauma Informed Yoga 1-3 Grounding Clinic	10 3pm MARA Meeting 5pm AA Meeting 7pm NA Meeting
11 12-3pm Car Wash 5pm Lives Lived Right 6:30pm Art Recovery 7:30 Recovery Dharma	12 8:30am-5pm PRC AOT Partial Day Programs 9am-1pm 1-3 Yoga Therapy Clinic	13 8:30am-5pm PRC 11am NA Meeting 6pm Men's Trauma Informed Yoga 7pm Music Didactics	14 AOT Partial Day Programs 9am-1pm 1-2 Integrating Wellness and Medicine	15 8:30am-5pm PRC 3:30pm Live Podcast 6pm Yoga Fit Class 7pm Spiritual Recovery	16 8:30am-5pm PRC AOT 9am-1pm 5pm Grief and Loss 6pm Families in Recovery 6pm Women Yoga 10-3 Sidewalk Sale/Bottle & Can Drive 1-3 Grounding Clinic	17 10am Bingo 10-3 Sidewalk Sale/ Bottle & Can Drive 3pm MARA Meeting 5pm AA Meeting 7pm NA Meeting
18 5pm Lives Lived Right 6:30pm Art Recovery 7:30 Recovery Dharma	19 8:30-5 PRC Ethics AOT Partial Day Programs 9am-1pm 1-3 Yoga Therapy Clinic	20 8:30-5 PRC Ethics 11am NA Meeting 6pm Men's Trauma Informed Yoga 7pm Music Didactics	21 AOT Partial Day Programs 9am-1pm 1-2 Integrating Wellness and Medicine 6pm Pink Cloud Group	22 3:30pm Live Podcast 6pm Yoga Fit Class 7pm Spiritual Recovery	23 AOT Partial Day Programs 9am-1pm 5pm Grief and Loss 6pm Women's Trauma Informed Yoga 1-3 Grounding Clinic	24 12-4 Jailbreak Fundraiser 3pm MARA Meeting 5pm AA Meeting 7pm NA Meeting
25 5pm Lives Lived Right 6:30pm Art Recovery 7:30 Recovery Dharma	26 AOT Partial Day Programs 9am-1pm 1-3 Yoga Therapy Clinic	27 11am NA Meeting 6pm Men's Trauma Informed Yoga 7pm Music Didactics	28 AOT Partial Day Programs 9am-1pm 1-2 Integrating Wellness and Medicine	29 3:30pm Live Podcast 6pm Yoga Fit Class 7pm Spiritual Recovery	30 AOT 9am-1pm 5pm Grief and Loss 6pm Families in Recovery 6pm Women's Trauma Informed Yoga 1-3 Grounding Clinic	31 3pm MARA Meeting 5pm AA Meeting 7pm NA Meeting